



What Clients Say About Goddess Of Public Speaking

Hey Geraldine! Just letting you know that your input with me on Friday helped sooooo much in a number of ways! Thank you! It went really well (although as always there's the string of things in my head for making it better next time). And guess what, there were 47 people there and 20 signed up for the complimentary discovery call! :) many people came up afterwards saying something to the effect of "that really resonated with me". Anyway, thanks so much and I can't wait to go further with you. Thanks again.

AMANDA LEE, HAPPINESSHQ

Timidly I stepped into the arena of public speaking with the 6 Week Course. With Geraldine's gently yet professional manner, my shyness dissolved and a new confidence emerged. It became an adventure and after every class I came away with a sense of accomplishment. My fears have turned into joy!"

PATSY, CAFE OWNER

Confidence & Connection is a subtle yet powerful course /method to overcome and let go of old patterns and transform. It's a very supportive and healing way of learning to speak well in public and develop communication skills extending from simply becoming more comfortable with 'the self'."

JESSIE CHAPMAN, YOGA TEACHER, RADIANCE RETREATS

It's no secret, I'm a big fan of the 6 Week Course - I do feel like I've changed a lot since starting and I AM, in fact, more cool, calm and confident than I've ever been in front of an audience or in my day to day."

CASSANDRA DODDS, DWELL BUILDING SERVICES

I loved your coaching sessions and used them again on Friday to launch my second book. It was amazing, I had no nerves at all! As a children's author, I was afraid my nerves showed when I was speaking and I needed to learn how to focus and come across as calm and succinct. I'm no longer afraid of pausing, taking a strong stance and making eye contact. Although my heart races beforehand, I am mostly calm and unflustered. I give school talks now where I could be facing over 120, eight year olds, but with my new techniques, it's all good.

SAMANTHAWHEELER, CHILDREN'S BOOK AUTHOR

Geraldine has discovered a "door", a "way" for us to enter into this competitively crazed world and allow softness, gentleness to inherit the earth."

SAM CALABRO, MARTIAL ARTS TEACHER

Communicate Connect is one of the best investments you can make for yourself. Geraldine teaches in such a warm and gentle way that you really do learn and grow by osmosis. She led us gently by showing us herself and her work is like magic. I am so grateful that I chose to do this course because now I feel that I have something to say that is worth listening to. I wanted to be more comfortable in my business to be able to charge what I'm worth and to be comfortable speaking from within, to a small or large group. I think it is an amazing program. I know now that I can be confident in talking and connecting with people by just being myself. Somehow my life experiences had knocked that out of me but Geraldine taught me to believe in myself again."

LISA SHARPE, PHOTOGRAPHER & FILMMAKER

Geraldine has helped me to break down 20 years of terror over public speaking. She has helped me to reframe all 'the rules' I have been taught over the last 15 years or so by other public speaking organisations, the one size fits all approach to public speaking. I've stopped counting my um's and ah's and thinking about my crossed hands and how quickly I scan the room and look everyone in the eye! What I want is to be authentic, to talk with people as if I am having a regular one on one conversation with them, and stop worrying about how I look and what my physical body is doing. Geraldine has allowed me to explore that and to feel comfortable with that and to realise that talking to a group of people is not about having to entertain them with my wit and charm, it's about being feeling confident enough to allow myself to be who I want to be and to engage with people in a relaxed way that suits my communication style. I couldn't have asked for anything more than that and I wouldn't have found that anywhere else. Thank you ;-)

CARISSA ROGERS, GESTALT COUNSELLOR

I felt limited by my lack of confidence in presenting to large audiences. Geraldine helped me realise most people feel some anxiety when speaking and showed me strategies to use this anxiety to my benefit. I now care less about being judged. I am more confident and receive feedback that I'm an engaging, passionate speaker."

ALYSON

Pass the microphone thanks, I love any chance for public speaking now! I've had lots of positive feedback about my public speaking skills since training with Geraldine. I highly recommend you talk with Geraldine if you want to deliver your message in a way that people will hear."

OLWEN ANDERSON, NATUROPATH & COUNSELLOR, WWW.OLWENANDERSON.COM.AU

Geraldine's speaking retreat was the best personal development I've ever done... I understand that getting to that final decision has many barriers, I experienced many of them myself before I took the final step to register for Geraldine's retreat. I was only a little concerned about the cost because I knew that the training, meals and accommodation in Byron Bay was actually a comparable bargain. I was concerned about the interaction with other ladies who would be drawn to an event hosted by a Goddess! I was concerned whether as an experienced speaker, I would actually get something from attending. But I was so glad that I did sign on: The retreat food and accommodation was perfect; the support of learning to speak with confidence in a group of diverse women was totally safe and nurturing; I found that I had created a system for myself for speaking that hid my lack of confidence; and what I got from Geraldine was the mirror that showed me my authentic voice. This profound effect has stayed with me since 2009 and I use my new skills every time I speak... with confidence!

TERESA BASSHAM, AUTHENTIC MARKETING COACH

Both my husband and I have enrolled in Geraldine's courses because of the professional, relaxed and confident way that she holds herself in public speaking environments. Her course has helped me feel more confident in speaking on impromptu occasions and has given me the skills to MC at events for women."

NEROLI JAGER, WOMEN'S RESOURCES MANAGER

My purpose was to gain professional education hours in something that sounded interesting – absolutely achieved it. The 6 Week Course was fun, challenging and really boosted my self confidence in public speaking."

CAROLYN ADAMS, ACCOUNTANT

I began my journey with Geraldine at her public speaking women's retreat. The safety of this small group continued in the on-on-one coaching session with Geraldine over the year that followed. In her unique manner, Geraldine kept me focused and on track to achieve the goals I had set for myself. The sessions are gentle, caring and completely without judgement so that you feel "safe" to explore the depths of your inner self. And, lets be honest, that is where we least like to go but really need to in order to move forward. I'll really miss my frank and fearless conversations with Geraldine and can only recommend that you embark on a personalised journey to be cool, calm and connected.

FIONA, BUSINESS CONSULTANT

Shortly after experiencing sweaty palms, shortness of breath and a thumping heart during a 2 minute "introduce myself to the audience routine" at a local business breakfast, I met Geraldine Barkworth. Thank God! That evening I entertained every excuse I could find not to do anything about my fear of speaking in public... BUT, I was not happy to ignore this fear anymore and let my pathetic excuses overrule. I made a commitment and went to see Geraldine. There is a real process involved of techniques and exercises and it all works. Geraldine is an expert at what she does and she applies her craft in a very personalised, professional and thorough manner. In my business I am paid to negotiate and the skills that Geraldine helped me develop and hone have improved me as a professional negotiator and also as a person. I have been able to apply more purpose and display more confidence in my day to day activities. It's quite simple really, if you want to make a change in this area of your life you MUST go and see Geraldine Barkworth and be open to her help."

HELEN HUNTLY-BARRATT, DIRECTOR, BYRON BAY FIRST NATIONAL REAL ESTATE

The six months coaching sessions with Geraldine Barkworth was the best money I've spent on professional development in years. Where else can you get a tailored program to suit the most important person in the training, YOU! And then, to speak with your coach every two weeks to ensure you stay on track with all that you'd like to improve in yourself and achieve in your professional life. Plus, the expense is fully deductible on your tax! When I tell people about coaching, they are amazed that the coaching is conducted over the phone. Geraldine has amazingly perceptive honing skills, picking up every word you say. No stone is left unturned, and she will shine a spotlight on something that you might say as a throw away sentence. She will help you analyse blockages in your life and help you move through them. Sometimes you feel like she can see right into you, without being invasive. I believe this is a great quality in not just a coach, but any human being! I kept thinking, "This is the right coach for me." She not only walks the walk, but she can talk the talk! I recommend with coaching, that you push the boundaries, try new things, bounce them off Geraldine, analyse them, write them down and get things happening! Don't rest on your laurels, but push your own boundaries to become a more effective information professional. Take all that coaching offers and more, as this program is for you, and you alone. You will not get an opportunity anywhere else to focus on yourself with so much dedicated time and your very own coach. With coaching, you will see your life transform in front of your eyes! And you will not be disappointed!

JILL STEPHENS, LIBRARY & INTRANET MANAGER

Working with Geraldine exceeded my expectations and it feels wonderful to share my successes! In the last 18 months I've facilitated over 20 workshops and presentations both in person and online. I've learned that my speaking starts when I come on stage, not when I start talking; I've learned to give a succinct overview first and, I've learned to drop the notes..."

JUDY MCLENNAN, PERFORMANCE COACH

I wanted to learn how to deliver a complex message in a clear concise way. When I gave interviews, my message would get lost because I rambled and people would lose interest. This workshop built on the last one in a warm, supportive environment. I now think more clearly about what I want to say and what my audience needs and more confident about giving interviews."

PETA BEEMAN, MARINE RESEARCHER

Dear Geraldine, this is a bit of what has happened since I took the course with you... Went on to join an internationally-known public speaking organization and gave my first speech yesterday. Received so much positive feedback it's incredible! Many commented on how at ease I was, my good use of pauses, I also took the time to make eye contact with everyone. Some were amazed at how my first speech could go so well! I really want to thank you for the amazing course you provided. EVERYTHING you taught was handy and put to good use. I know I have an advantage and a major head start as like you said, after taking your course we would breeze through public speaking. Well, you are right!!

MARRILYN SH TONG, Creative Director, OVO Creatives

I believe I have changed for the better as a result of this Retreat, not just as a public speaker but also within myself. I feel more authentic. The Retreat is a journey of self evaluation that enables you to unlock the speaker within and gives you the tools, practice and confidence to become what you want to be."

NARELLE MILLAR, MANAGER COMMUNITY COLLEGE

I wanted to gain more confidence in speaking to larger groups and to be more relaxed in myself to draw on what I know, rather than just "theory". Confidence & Connection is a wonderful opportunity to anchor the skills needed to speak authentically in public. The supportive group grows and grows creating a safe and gentle container to take more and more risks. Give it a go!"

PENNY WATSON, COMMUNITY FACILITATOR

I was absolutely thrilled and relieved when I found Geraldine. I needed someone to coach me in public speaking when my novel was published. Her approach is unique, intelligent and fun. She worked miracles with me."

VICTORIA THOMPSON, AUTHOR

It is with pleasure that I recommend Geraldine to anyone wishing to improve their speaking skills. Not only in front of large groups, but also in smaller, more intimate settings. After two years, I still put Geraldine's fabulous tips to work when I feel the onset of nervousness at speaking. A lovely person, Geraldine is creative in her approach but very skilled at targeting her training to meet your individual needs. So whether you need to know how to introduce yourself, your business or give a full-on speech, Geraldine is your coach. "

DAGMAR GANSER, NATURAL & INTEGRATIVE MEDICINE

I was looking for a unique way of learning public speaking and found exactly that with Geraldine's course. The Free Your Public Inner Speaker Course has provided a tremendous amount of value to me. On top of having more ease with public speaking and more confidence, I have been able to build better relationships with others as well! Which is an unexpected HUGE BONUS. Also, I love the space that has been created for the course, which made all of us feel very safe and open. This course is a life changer and definitely over delivers! I highly recommend it."

DAGMAR GANSER, INTEGRATIVE MEDICINE NATUROPATH, WWW.TRUEMEDICINE.COM.AU

I hated feeling sick with nerves when it came to my time to speak when underneath all that fear, I knew that I could do my job really well. I wanted to feel confident speaking to all people as I know that I am passionate about my work and when I trust myself I can speak from my heart. I sometimes avoided meetings and building professional relationships because of this fear of public speaking.

I completed a course and a coaching program with Geraldine, practicing what I learned every week – Geraldine's techniques are much broader than "just public speaking" - they are applicable to every day life. They made me look at myself and see the strengths and capacities that I already had but did not realise. It was challenging at times but in this process particularly when I was preparing for a job interview, Geraldine assisted me to take a huge mental leap. It was a shift that I did not know was possible. It was trusting in myself... that I had the answers and that I was in control of the situation instead of letting fear control me.

The group work was fantastic, well facilitated and so encouraging as I was able to see positive aspects of myself and strengths in others in a safe and comfortable environment. I highly recommend this and if you are thinking - "oh that would be too confronting..." - I promise that you will walk away feeling happy and empowered. From doing the coaching and group work, I decided to present a case study at a conference – previously, I would never have volunteered to do this! The feedback I got was amazing, ranging from "your presentation was the best", "you are so confident" to "you should consider a career in public speaking!" I'm now doing more and more presentations to big groups with confidence and ease (a few natural nerves but no sick feelings anymore)! My belief about what I'm truly capable of has really expanded and guess what... I got that job of a lifetime!!!"

A.D, SOCIAL WORKER

Geraldine really helps you tap into the communication power held within."

NOVEN PURNELL-WEB, CREATIVE TECHNOLOGY CONSULTANT

Geraldine broke down the fear of public speaking into a series of physiological reactions. This made me understand I am made of the same stuff of already successful public speakers. I am more aware of my body language and the helpful signals my body sends to my brain when speaking. I am speaking more confidently in every situation."

KIM POTTER, FLOURISH MARKETING and PROJECTS

Everything about the 4 Day Retreat was superb! The surroundings, the accommodation, the food, the workshops and the extra activities like dancing. I loved all the little touches that added to the fun factor, including the impromptu talks over dinner and playing with the Book Of Answers. The inner calm techniques are so powerful they help me manage speaking anxiety. The Retreat was so practical, that I got a great amount of time to experience really being a speaker. I think the nature of the Facilitator, Geraldine Barkworth, brings a good blend of seriousness, structure, fun and fluidity."

CARISSA ROGERS, GESTALT COUNSELLOR

I felt really safe within the Retreat group & this definitely helped me to experiment & take risks which I wouldn't ordinarily do. Celebration final night was really special... I felt the content was intense, but to a perfect level. This gives me plenty to work from."

RETREAT PARTICIPANT

I needed to find the place where I stopped performing and started connecting with who I am and my audience. Before I reached that point I was in a comfort zone and I wasn't really taking the process seriously. When I see an actor in a great movie that moves me, it's because they are really connected with authenticity. They are not trying to emulate an emotion or feeling, they the emotion or feeling and in turn I feel connected to them and the story. I have now learned and felt the difference between performing and being authentic."

JOHN, CASE WORKER

Just finished filming the DVD for the day... and today I did the introduction. I poured over the notes from our session and it flowed out of me. I can't tell you what a long way I have come since my personal coaching session at the beginning of the year. I will feel elated when I stand in front of all those people at the Timber and Working with Wood Show in May. My Woodwork For Women book is on the threshold of being printed and self published, and with a bit of luck it will be ready for the Show and the Launch and I'm ready to talk about it with confidence!"

PATT GREGORY, WWW.WOODWORKFORWOMEN.COM

Geraldine is one of those rare people who subtly changes lives. Her dynamic and thoughtful approach to her work, whether that be life coaching or presentation and public speaking workshops, is always aimed to bring out the very best in all of her participants and that's always what happens! It is delightful to be a participant and watch everyone in the group blossom. Her life coaching skills are first rate... completely changed my life step by step and taught me fabulous skills I use regularly."

SUSIE ROBERTS, MARRIAGE CELEBRANT

Working with Geraldine has taught me how to really connect with my audience, in a way that gets them involved. I now relish any opportunity to get up and speak to a group, with confidence (and I'd like to think some flair too!) I highly recommend you see Geraldine for some public speaking coaching if you'd like to grow into your own authentic speaking voice."

OLWEN ANDERSON, NATUROPATH & COUNSELLOR

This was an excellent Retreat for me. It covered exactly what I needed so I could overcome fear and learn some easy tools to calm myself, connect with my audience and structure my message brilliantly."

REBECCA LEAHY, RELATIONSHIP COACH

I really appreciated the aspect of spiritual connection & feminine power that was underlying the content of the 4 Day Retreat. I won't forget that & am certain that it is totally unique. Geraldine's modelling, energy, intelligence, experience & raw presence is an inspiration & purely enjoyable."

ANGELA HINZ, BREATHING SPACE YOGA

OMG I found my voice! I don't want to cry when standing up in front of a group and my voice doesn't quiver anymore. I feel so much more confident, free and might I say I'm learning to enjoy the experience!"

LIZ SHEEHAN, BYRON BAY

Geraldine is a highly skilled public speaking coach who was able to guide me through the process of becoming more confident and at ease in public speaking. Today I facilitate and train small groups as part of my job role. I think I'll always be a little nervous but I use the techniques taught by Geraldine to help me stay calm when I step up to speak. I find that I actually enjoy public speaking so much more."

KIM GRAVES, SOCIAL WORKER

Prior to starting with Geraldine, I felt very alone with my anxiety around public speaking in all situations. I felt I was a lost case as nobody I knew experienced the same degree of terror as me. From the first session with Geraldine, I was continually impressed by both her ability to understand my what happens for me in public speaking situations, and the effective tools and activities she has developed to address these issues and improve public speaking skills. I immediately began to feel understood and optimistic that I would gain control of my fears. In addition, after every session I left with practical and relevant advice for improving all aspects of my life that relate to and impact on public speaking. I truly feel that conquering public speaking requires a holistic approach, and that Geraldine, with her vast depth of experience, was able to pinpoint the right methods for me. Highly recommended!"

DOUGAL

In just three sessions with Geraldine, I went from being an apologetic mess as a speaker to grounded, confident and loving it! Geraldine provides practical tips in combination with advice on finding your own authentic voice. Worth every cent!"

POLLYANNA DARLING, AUTHOR "Kiss Goodbye to Dramas & Fall In Love With Your Life"

Thank you so much for the huge part you played in helping me to face my fears of public speaking and to understand that my audience wants to hear what I have to say as long as I give them what they want - connection. I can see now that speakers who rely on putting up a mask, rob their audience of the authentic experience of being with them. Thanks for that valuable lesson."

ELISE WYNYARD, ART THERAPIST/PSYCHOLOGIST